



Gender Ally

Resource List

Advocates for Youth (American Website)

<http://www.advocatesforyouth.org/publications/publications-a-z/727-resources-for-gay-lesbian-bisexual-and-transgender-youth-select-organizations-web-sites-videos>

All Genders Yukon – A peer support group in Whitehorse, YT.

<http://whatsupyukon.com/topics/all-genders-yukon>

Amber L. Hollibaugh – The LGBTQ Movement's Radical Vision, The Laura Flander's Show, YouTube Video.

<http://www.youtube.com/watch?v=fqNrCMG4tjl&feature=plcp>

Ambit Gender Diversity Consulting

"Diverse gender expression and exploration are valuable elements of our ever-evolving communities. It's important for contemporary businesses to understand, embrace, and adapt to these exciting cultural shifts."

<http://www.ambitgenderdiversity.com>

Anti-Oppressive Facilitation – A great guide to creating a safe meeting space

<http://aorta.coop/wp-content/uploads/2017/06/AO-Facilitation-Resource-Sheet.pdf>

Apology to LGBTQ2 Canadians – Prime Minister Justin Trudeau apologizes for the government's role in "the systemic oppression, criminalization, and violence against the lesbian, gay, bisexual, transgender, queer, and two-spirit communities" on Tuesday, November 28th, 2017.

<https://www.youtube.com/watch?v=nRp7C-cMyo0>

Asexuality Visibility & Education Network – AVEN strives to create open, honest discussion about asexuality among sexual and asexual people alike.

<http://www.asexuality.org>

Assinged Male – An online comic illustrating some good dos and don'ts for trans youth.

<http://assignedmale.tumblr.com/post/98875387512/when-did-you-decide-to-be>

barbara findlay Q.C. – ms. findlay is a distinguished BC lawyer that has worked on LGBTQ2 and social justice issues for most of her long career. This link provides a list of links for trans services from changing ID to information about transitioning. Her website also includes a Case Chronology – a legal history of LGBTQ2 advancements over the years. There is also a resources list of more general articles.

<http://www.barbarafindlay.com/transgender-issues-a-work-in-progress.html>

BC Teachers Federation (BCTF) – Social Justice Resources for Teachers

<http://bctf.ca/SocialJustice.aspx?id=6106>

Become a Great Communicator – Online article from a Kids' Help Line in Australia (don't use the help phone #)

<http://kidshelpline.com.au/teens/tips/become-a-great-communicator>

Being an Effective Trans Ally

<http://www.the519.org/education-training/training-resources/trans-inclusion-matters/creating-authentic-spaces/being-an-effective-trans-ally>

“Beyond the Talk” – Island Sexual Health, resources for youth

<http://www.beyondthetalk.ca/resources>

Binding, Packing, Tucking and Padding – Trans Care BC articles

<http://transhealth.phsa.ca/social-transition-options/binding-packing-tucking>

Bi and Pansexual Identities Info Page – University of North Carolina at Chapel Hill LGBT Center

<https://lgbtq.unc.edu/resources/exploring-identities/bisexual-pansexual-identities>

The Body is Not an Apology – Radical Self-Love for Everybody and Every Body. Check out their articles on Gender.

<https://www.thebodyisnotanapology.com/magazine/tag/gender>

UBC CampOUT! – A social justice summer camp for queer, trans, Two-Spirit, and allied youth from British Columbia and the Yukon! CampOUT!

<http://campout.ubc.ca>

Canadian Academic articles on transition

<http://www.transpulseproject.ca/tag/medical-transition>

Canadian Human Rights Act

<http://www.laws-lois.justice.gc.ca/eng/acts/h-6>

Canadian Trans Men – A resource website for Canadian trans men. Includes a national map of GRS coverage, gender identity and expression laws, and other useful links.

<http://www.transmen.ca>

Casey the Canadian Lesbrarian – A blog that reviews Canadian Queer and trans literature. Search the categories list for specifics – she often does "Top 6" reviews.

<https://caseythecanadianlesbrarian.com>

Center for Gender Advocacy – Concordia University. The centre advocates for equal access for all trans people to healthcare, housing, employment and community.

<http://genderadvocacy.org/trans-health-advocacy>

Chase Blodgett Consulting Services – Website. The "Activism" page contains a number of recent events of note.

<http://www.chaseblodgett.com>

Coming In to Indigenous Sovereignty: Relationality and Resurgence – 50min Lecture by Dr. Alex Wilson recorded at University of Winnipeg, 2016.

https://www.youtube.com/watch?v=XkQo_yr4A_w

Our Coming in Stories – Dr. Alex Wilson Ph.D, delivers a 1 hour lecture.

<https://www.youtube.com/watch?v=2dyWHPWLKdc>

Confessions of a Demisexual – A demisexual info-comic by Courtney Wirthit

<http://courtneywirthit.tumblr.com/post/161179391622/confessions>

Does Sexual Abuse Effect Sexual Orientation?

1 in 6 – A site for the masculine identified

<http://lin6.org/get-information/myths>

Stop It Now – A support site for survivors of Sexual Abuse

<http://www.stopitnow.org/advice-column-entry/can-being-sexually-abused-determine-sexual-orientation>

Egale – Canada Human Rights Trust

"Egale works to improve the lives of LGBTQI2S people in Canada and to enhance the global response to LGBTQI2S issues. Egale will achieve this by informing public policy, inspiring cultural change, and promoting human rights and inclusion through research, education and community engagement."

<https://egale.ca>

First Nations Health Authority Treatment Centres (in BC listing)

<http://www.fnha.ca/what-we-do/mental-wellness-and-substance-use/treatment-centres>

The 519 – An LGBTQ2 Community Centre in Toronto, ON. This page of their website lists a number of great downloadable posters for using gender specific pronouns, being an effective ally, being a supportive peer or co-worker and more.

<http://www.the519.org/education-training/training-resources/trans-inclusion-matters/creating-authentic-spaces>

Gay Rights are not Queer Liberation – Article on Autostraddle.com

<https://www.autostraddle.com/gay-rights-are-not-queer-liberation-the-nation-interviews-amber-hollibaugh-140431>

Gay Straight Alliance in Canada – Egale has put together some resources to assist in creating Gay Straight Alliance groups in Ontario schools.

<https://egale.ca/portfolio/mygsa>

Gender 101 – YouTube video, produced by Ygender & Minus 18!

<https://www.youtube.com/watch?v=-3ZzpTxjgRw&t=>



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The Gender Bread Person Graphic

<http://itspronouncedmetrosexual.com/2011/11/breaking-through-the-binary-gender-explained-using-continuums>

Gender Free ID Coalition – Group lobbying for gender identifiers to be taken off of official identification documents.

<http://www.gender-freeidcoalition.ca/index.html>

Gender Policing Video – YouTube – 2011, produced by itl media

<https://www.youtube.com/watch?v=d06MM6wUdzQ>

Genderspectrum.org – A San Francisco, Bay Area website with a wealth of information and resources.

<https://www.genderspectrum.org/resources>

Gender Spectrum.Org's Teen page (American Website)

"Resources to help teens, between the ages of 13 and 19, navigate their Gender Identity at school or home, with their doctor, and even their friends."

<https://www.genderspectrum.org/explore-topics/teens>

Gender terms

<http://genderqueerid.com/gq-terms>

GLSEN – Gay Lesbian and Straight Education Network (American Website)

<https://www.glsen.org>

GSA Manual – A guide to starting a Gender and Sexuality Alliance group, produced by Vancouver Coastal Helath, written by Romi Chandra

Herbert and H el ene Frohard-Dourlent. Downloadable from Out in Schools.

http://outinschools.com/wp-content/uploads/sites/3/2015/04/ManualGSA-CallOut_FINAL.pdf

Helping Families Support Their Lesbian, Gay, Bisexual, and Transgender (LGBT) Children

– Produced by the National Center for Cultural Competence. This is a downloadable article to share with families and the adults close to LGBTQ2 youth.

https://nccc.georgetown.edu/documents/LGBT_Brief.pdf

History of Trans in Canada

<http://www.thecanadianencyclopedia.ca/en/article/the-road-to-inclusion-transgender-health-care-in-canada>

History of residential schools in Canada – Online article at CBC News, posted 2008, updated 2016. (Compare with UBC article by Erin Hanson listed below)

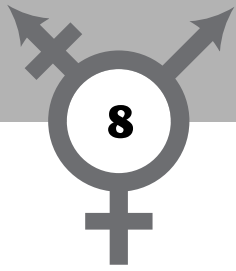
<http://www.cbc.ca/news/canada/a-history-of-residential-schools-in-canada-1.702280>

"How Homophobia Hurts Us All" – by Warren J. Blumenfeld, Web page abbreviated from Homophobia: How We All Pay the Price, Boston: Beacon Press, 1992.

<https://case.edu/lgbt/resources/safe-zone-resources/homophobia>

Indigenous Alcohol and Drug Treatment Centres (National directory)

<https://www.canada.ca/en/health-canada/services/substance-abuse/get-help/addictions-treatment-first-nations-inuit.html>



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"Indigenous Canada", Free Online Course – Offered at University of Alberta

<https://www.coursera.org/learn/indigenous-canada>

Indigenous Foundations, UBC – Article on the History of Residential Schools in Canada by Erin Hanson, Archaeology Dept. UBC.

http://indigenousfoundations.arts.ubc.ca/the_residential_school_system

Indigenous Health Fact Sheet from Rainbow Health Ontario

<https://www.rainbowhealthontario.ca/wp-content/uploads/2016/07/2SLGBTQINDIGENOUSHEALTHFactSheet.pdf>

Contains an additional resource page within the document, specifically

<http://www.2spirits.com/index.html>

<http://www.nativeyouthsexualhealth.com/twospiritdirectory.html>

Resources for Health Care professionals

<http://www.ipac-amac.ca>

Inside Out – Introduction for facilitators for an educational resource in New Zealand.

<https://insideout.ry.org.nz/facilitator-intro>

Feel free to watch all their videos – 5 episodes are available online and their pedagogy guide is available for download (free)

https://insideout.ry.org.nz/assets/INSIDEOUT_PedagogyGuide.pdf

Intersectionality – Washington Post online Article by Kimberlé Crenshaw

<https://www.washingtonpost.com/news/in-theory/wp/2015/09/24/why-intersectionality-cant-wait>

Intervention to Address Intergenerational Trauma

Overcoming, Resisting and Preventing Structural Violence — University of Calgary, Faculty of Medicine, Family and Community Support Services, YMCA Calgary, Urban Society for Aboriginal Youth. Downloadable article.

http://www.ucalgary.ca/wethurston/files/wethurston/Report_InterventionToAddressIntergenerationalTrauma.pdf

It's Pronounced Metrosexual — An educational website dealing with gender sexuality and social justice with articles, edugraphics and other free online resources.

<http://itspronouncedmetrosexual.com>

Judith Butler — Two short videos on Judith Butler's theory of gender performativity.

<https://www.youtube.com/watch?v=Olc0hCY4lzl>

<https://www.youtube.com/watch?v=fndkPPJBiIU>

KidsHelpPhone.ca — Youth phone line/mental health resources — 1-800-668-6868 phone line and live chat with a counsellor, or

<https://kidshelpphone.ca/search?keys=LGBTQ>

LGBT Rights in Canada — Article from the Canadian Encyclopedia

<http://www.thecanadianencyclopedia.ca/en/article/lesbian-gay-bisexual-and-transgender-rights-in-canada>

Misgendering trans people is an act of violence — Video by Riley J. Dennis. The text on this YouTube video has an extensive list of other trans related videos.

<https://www.youtube.com/watch?v=g-u5gYxXHoA>

My Gender Workbook — (1998) by Kate Bornstein. Specifically the chapter Who's On Top? Pg. 35 and the Gender/Identity/Power Pyramid

Pg. 44. Kate Bornstein is a trans author, playwright and performance artist, whose seven books are taught in over 120 colleges and universities around the world.

My New Gender Workbook: *A Step-by-Step Guide to Achieving World Peace Through Gender Anarchy and Sex Positivity* – by Kate Bornstein, 2013, Routledge. Kate Bornstein is a trans author, playwright and performance artist, whose seven books are taught in over 120 colleges and universities around the world.

<http://katebornstein.com>

MyPronouns.org – Dedicated to the empowering and inclusive use of personal pronouns in the English language.

<https://www.mypronouns.org>

National Association of Friendship Centres

<http://nafc.ca/en/friendship-centres>

Non-Violent Communication

YouTube video – Marshall Rosenberg – Non Violent Communication

<https://www.youtube.com/watch?v=O4tUVqsjQ2I>

The Centre for Non-Violent Communication

<https://cnvc-bookstore.myshopify.com/collections>

Non-Violent Communication Publisher's Free Resources

<http://www.nonviolentcommunication.com/freeresources/resources.htm>

Out in Schools – Out in Schools brings films into classrooms to engage youth through film in the promotion of safer and more inclusive learning

environments, free from homophobia, transphobia and bullying. They also have a resources page.

<http://outinschools.com/resources-2>

PFLAG (Parents and Friends of Lesbians and Gays) – There are Chapters across Canada.

<http://pflagcanada.ca/pflag-chapters>

Practice With Pronouns – An interactive pronoun practice sheet

<https://www.practicewithpronouns.com>

Pride Education Network

"The Pride Education Network of teachers, administrators, support staff, youth and parents strives to make the B.C. school system more welcoming and equitable for LGBTQ students and staff, and queer families."

<http://pridenet.ca>

Queer Culture History in Canada – Article from the Canadian Encyclopedia

<http://www.thecanadianencyclopedia.ca/en/article/queer-culture>

The Queer Story Archive – Onmyplanet.ca has an ever-expanding collection of LGBTQ2 stories, a number of them are coming out stories. Check the tag cloud to find the 'coming out' section.

<http://onmyplanet.ca/mundo>

* **NOTE:** Once your group is established the Gender Ally workshops at onmyplanet.ca are a useful tool that can be used in the GSA meetings.

Queer Youth Resources in Victoria – Camosun College page of local resources.

<http://camosun.ca/services/counselling-centre/resources/lgbtq-resources.html>

Queer Yukon – A resource website for all things queer in the Yukon.

<http://www.queeryukon.com>

QMUNITY – BC's Queer Resource Centre

<https://qmunity.ca/get-support/youth>

Resilience Building for Trans Folks and their Allies – Kori Doty

http://koridoty.com/?page_id=122

A Resource Guide to Coming Out – The Human Rights Campaign (HRC.org) guide to coming out. Downloadable PDF file.

http://assets2.hrc.org/files/assets/resources/resource_guide_april_2014.pdf

Resources for LGBTQ2 Refugees

<http://www.rainbowrefugee.com>

Resources for Teachers, BC Teachers Federation (BCTF)

[https://bctf.ca/uploadedFiles/Public/SocialJustice/Issues/LGBTQ/LGBTQ-YouthResources\(1\).pdf](https://bctf.ca/uploadedFiles/Public/SocialJustice/Issues/LGBTQ/LGBTQ-YouthResources(1).pdf)

The Sexualitree Poster – Demonstrates how people experience sexuality in different ways.

<http://www.sexualitree.org/resource/sexualitree>

Sher Vancouver – A social, cultural, and support group for LGBTQ South Asians and their friends, families and allies.

<http://www.shervancouver.com>

SOGI 123 – Tools and resources for LGBTQ-inclusive Education.

<https://www.sogieducation.org>

Suggested Resources For Gender Independent Children and Transgender Youth/Adults (Ontario)

– Compiled by the

Elementary Teachers' Federation of Ontario

<http://www.etfo.ca/BuildingAJustSociety/LGBTQ/>

[ResourcesGenderIndependentChildren/Resources.docx](#)

Supporting the Transgender People in Your Life – A Guide to Being a Good Ally

<https://transequality.org/issues/resources/supporting-the-transgender-people-in-your-life-a-guide-to-being-a-good-ally>

Supporting Trans, Two-Spirit and Gender Diverse Survivors

For Health Care Professionals and Service Providers, a booklet produced by the Victoria Sexual Assault Centre. Downloadable PDF file:

<http://vsac.ca/wp-content/uploads/2017/07/Supporting-Trans-Two-Spirit-and-GenderDiverse-Survivors.pdf>

Taryn Brumfitt – Director/Creator of EMBRACE the documentary and the #ihaveembraced campaign.

<https://twitter.com/tarynbrumfitt>

TeachingTransgender.org – Teaching Transgender Toolkit – A Facilitator's Guide to Increasing Knowledge, Decreasing Prejudice & Building Skills. An American publication by Eli R. Green, PhD, CSE and Luca Maurer, MS, CSE, CFLE. On the site they have an excellent blog and a handful of free lessons and downloads.

<http://www.teachingtransgender.org>

Lesson 11: Everybody's Gotta Go: The Importance of Restroom Access

<http://www.teachingtransgender.org/flush-discrimination-a-free-lesson-for-teaching-about-bathroom-bills>

Teaching Transgender.org also has a free downloadable terminology sheet

<http://www.teachingtransgender.org/terminology-sheet-free-resource>

Tolerance vs: Acceptance — An article in the Huffington Post by Brynn Tannehill describing the difference between Tolerance and Acceptance for LGBTQ people.

https://www.huffingtonpost.com/brynn-tannehill/the-difference-between-to_1_b_5791076.html

Toronto Bathhouse Raids — Compilation of images, articles and videos from Xtra Magazine about the Bathhouse Raids of 1981.

"On Feb 5, 1981, 30 years ago, more than 150 Toronto police descended on that city's gay bathhouses, arresting more than 300 innocent men. It was part of a deliberate and organized campaign by government and police to push gay baths and bars out of business, to silence the gay press and to remove gay voices from public discourse."

<http://www.dailyxtra.com/the-1981-toronto-bathhouse-riots-34317>

Trans* Ally Workbook, Getting Pronouns Right and What It Teaches Us about Gender — free, downloadable workbook by Davey Shlasko.

https://www.pitzer.edu/academics/wp-content/uploads/sites/38/2017/07/trans_ally_workbook_pdf.pdf

Trans Care BC Services List

<http://www.phsa.ca/our-services/programs-services/trans-care-bc/services>

Trans Care BC services page

<http://transhealth.phsa.ca/services>

Trans Care BC Support Group listing

<http://transhealth.phsa.ca/support/bc-support-groups>

Transequality.org – US based social justice organization devoted to ending discrimination and violence against transgender people.

<https://transequality.org>

Translifeline.org – is an American non-profit dedicated to the well being of transgender people, based in San Francisco, CA. Canada .

1-877-330-6366

<http://www.translifeline.org>

Transmisogyny – Two articles on transmisogyny; Transmisogyny Primer by Julie Serano, and Transmisogyny 101 by Laura Kacere at everydayfeminism.com

<http://www.juliaserano.com/av/TransmisogynyPrimer-Serano.pdf>

<https://everydayfeminism.com/2014/01/transmisogyny>

Trans Resources for Schools – A list of resources compiled by School District 61 on Vancouver Island BC.

<https://healthyschools.public.sd61.bc.ca/wp-content/uploads/sites/92/2016/03/>

[Trans-Resources-for-Schools-2.docx](#)

Trans Rights BC – A website that aims to "disseminate human rights information that is accurate, accessible, and relevant to the safety and well-being of trans and gender-diverse individuals and their supportive allies across British Columbia".

<http://www.transrightsbc.ca>

Trans Vancouver Island – A resource and information site for transgender and gender diverse people and their allies on Vancouver Island.

<https://transvancouverisland.ca>

Truth and Reconciliation Commission Canada

<http://www.trc.ca/websites/trcinstitution/index.php?p=3>

Two-Spirit Powwow – Article on Two-Spirit Powwow in San Francisco, features some Two-Spirit participants.

<https://splinternews.com/native-americans-talk-gender-identity-at-a-two-spirit-1793845144>

Two-Spirit Resource Directory – Prepared by Harlan Pruden (Nehiyawe/First Nations Cree), Managing Editor Two-Spirit Journal – TwoSpiritJournal.com, January 2016

<http://www.ohtn.on.ca/northern-exposures/wp-content/uploads/sites/8/2016/01/Two-Spirit-Resource-Directory-Jan-2016.pdf>

Two-Spirit Resource of and for Two-Spirit Women

<http://www.2spirits.com/PDFolder/Two Spirit Women.pdf>

Trans Student Educational Resources – A youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment.

<http://www.transstudent.org>

Victoria Sexual Assault Centre – (VSAC) A feminist organization dedicated to supporting women and all trans survivors of sexual assault and childhood sexual abuse, through advocacy, counselling, and empowerment.

<https://vsac.ca>

Why Pronouns Matter For Trans People – Video on pronoun use from BuzzFeed featuring some of the who's who in the trans world: Kate Bornstein, Buck Angel, Kat Blaque, and Ian Harvie

https://www.youtube.com/watch?v=N_yBGQqg7kM

Article on Youth Suicide in Canada – Egale, Canada Human Rights Trust.

<https://egale.ca/background-igbtq-youth-suicide>

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